



The Balfour Buzz

Christmas 2011

Volume 1 Issue 3

Inside this issue:

BDBHA Christmas Social . . . 1

Superette Profile 1

Accolades & Thank-yous . . . 2

Entertaining recipe 2

Fishing Report 3

Community Greetings. . . 4 & 5

Columbia Rivier Treaty 6

Kootenay Business Awards 6

Shop Local 7

What's Up? 8



Go to our Website for newest and greatest news in our area:

www.balfourcanada.com



Seasons Greetings !

The BDBHA will again host a Holiday Social this year, on **Wednesday December 14, at 7 pm at the Balfour Beach Inn**. All members are invited to enjoy a complimentary glass of wine and some delicious appetizers. It's a great opportunity to meet, share season's greetings, and catch up with neighbours. Are you operating a business in the Balfour area, or thinking of starting one? Come to the Holiday Social and meet business members who believe in the value of BDBHA membership.

For information on how the BDBHA can assist you in your business, see our website www.balfourcanada.com.



Community Profile

Bill & Sherry * Balfour Superette

part 2, by Randi Jensen

Sherry remembers the early years and the hard work it took to learn the ropes. "It was like we didn't even go to bed at night for the first little while. You'd roll into bed at night and roll out the other side. Like, did I even hit the bed?" Bill muses that it took them 15 years to change their mindset to relecting over the year as opposed to working by the hour.

"Never get too big. We've kept the business to a manageable size that the two of us can look after it ourselves if we have to." says Bill. The Blanchers take their business one day at a time. "Take it slow, adapt



to changes." Back in the '70s the tourism/fishing industry in Balfour was booming. "In the old days you'd see 300 boats out there – easy!" exclaims Bill.

Sherry tells of the rich and famous who have crossed the front step of the Superette. Willie Nelson, Raymond Burr, lots of hockey players; Johnny Bucyk, and the like. In the late '80s Cher rented a cabin nearby. "Every-one knew who she was, but left her alone because she was on

a quiet retreat and we respected that." Sherry adds, "She is very tiny."

Other businesses began moving into the area and Bill and Sherry gradually switched from selling hardware and fishing tackle to what they do today; operate a convenience store. When asked how they managed to stay afloat during the lean times - because as we all know, there always are those times? Bill's advice? "Make sure you pay everyone first. Pay your staff and suppliers. What's left over is yours!" Sherry nods in agreement. In good times and bad it all seems to have worked out for them. When it comes to the

cont'd page 2

VOLUNTEER FERRY AMBASSADORS WANTED FOR TOURIST SEASON

Lots of fun... sign up now for 2012 season.

Call Janice at: 250-229-4514 for more information or email: janice.balfourcanada.gmail.com

Flexible hours and days.

Seniors and students most welcome.

Superette *cont'd*

business of an entrepreneurial lifestyle good and bad decisions sometimes come into play. Both Sherry and Bill say there were no 'bad' decisions. "Maybe bad choices in stock, so you just get rid of it." comments Sherry. "You adapt to changes, find your niche, and always have a back-up plan." Says Bill with experienced confidence.

Sherry's position as Post Master led her to a career that many don't know about. She found herself serving on the Board of Rural Post Offices. Retired now, she was VP of the BC and Yukon Division. This position saw her traveling across Canada to many national conventions and she met a plethora of people from Newfoundland to Pender Island. She realizes she would never have had the opportunity to travel Canada had she not been involved with the Post

David and Leanne Blanchard, circa late 1970's



Office. A couple highlights of her time with Canada Post were at a convention in Quebec City where she stayed in the same hotel as an Arabian Prince and his whole entourage. Another time, while in Ottawa she found herself in an elevator with Lorne Green in the Chateau Laurier Hotel when CBC operated out of the top floor.

Of course success never 'just happens' on its own and Bill & Sherry know this. They give much credit to all the great staff they've had over the years. Beginning with Mary Dosenburger, their first bookkeeper who, "Saved our lives!" and longtime employees, Irene Noakes, Bobby Gutwin, and Dawn Nedelec.

And the customers! Over the years they've seen people coming and going with their young toddlers on tow and now those little ones have grown up and they're bringing in their

MCC'S
NORTH COUNTRY GRILL
Last open day of the 2011 season is
Sunday, October 9th.

Kootenay Lakeview Lodge
is open year round.
250-229-4141



David Blanchard, 2011 (Retirement doesn't seem to run in this family)

own kids.

As we all know by the 'For Sale' sign outside the store, the Superette is up for sale which probably means retirement for these two. One of their plans is to pack up their camper and explore BC like they've never been able to before. "Ha! What's retirement?" laughs Bill. When asked what their best business decision has been, looking back on it all, Sherry replies, "To expand and stay here." Bill adds, "And no regrets!"

"It has been quite a ride." says Sherry, "This is home."

Accolades and Thank-yous!

Thank you to Robin Goldsbury (Dock 'n' Duck) for all her work on The Nelson Kootenay Lake Tourism Association over the past two years. Reg Clarkson (Kootenay Lakeview Lodge) will be the new representative from Balfour for 2012.

Congratulations to Ramona Faust who was re-elected as the RDCK Area E Rep in the November municipal election.

Congratulations to Lenora Tranaman, re-elected as School Trustee.

Christmas Entertaining . . . Truus Zelonka

Here is a simple little appy recipe that anyone can make up quickly from stuff on hand.

Lazy sausage rolls .

2 cups biscuit mix (or any prepared refrigerated dough, i.e. refrigerated biscuit dough or frozen puff pastry)

1 lb. sausage meat (1 lb. sausage skin and mashed)
Seasoning such as cayenne, paprika, garlic powder etc.

Make biscuit dough according to directions and roll out about 1/4"- 1/2" thick.

Mix up sausage meat with seasonings and spread on dough.

Roll up like a jelly roll and place on a cookie sheet cut side down.

You can brush on a bit of melted butter and sprinkle with sesame seeds, poppy seeds, parsley or even grated cheddar if you like. Bake at 450 for about 15 minutes or less if rolls are very tiny. Makes about 3 dozen small lazy rolls. Serve hot with cold beer or a seasonal beverage for the non drinking crowd.

Balfour Buzz Christmas 2011 page 2

Fishing Report

- Kerry Reed



While most people are putting the pleasure boats away and preparing for winter, we are gearing up for what is generally the best season to be fishing on Kootenay Lake. It is a large body of water that never freezes over. Lucky for us because winter is our fishing season.

As the water cools down from the warm summer weather the fish begin to feed more actively. October and November are usually the beginning of our favorite Fall/Winter fishery. Most fish become more aggressive as the temperatures drop to that optimum temperature. Winter is also known as 'Big Fish' season. The Rainbows and Bull Trout that we were catching in the Spring have now put on 3 - 5 Lbs and are that much heavier in the Fall. It is not uncommon to catch Rainbows up to 20 Lbs in the fall and winter and some fish even bigger. Also, Dolly Varden (Bull trout) seem to be much larger in the middle of winter.

As we begin fishing in the fall, we vary our speeds according to the water temperature. Starting in October, the water hasn't quite cooled off from the summer heat, so our speeds are still a bit on the slower side. But as November approaches, our water temperature hits that optimum temperature and we can speed up for the more aggressive fish. Usually speeds between 2.5 - 3.5 mph will produce a lot of fish. During November and into December we can reach speeds up to 4.5 mph

as the fish are feeding heavily.

A lot of surface feeding will go on during these months. So our favorite techniques are usually Bucktails on the surface. This is also the most exciting way to catch a big Rainbow. Since the lure is only in the top foot of water, these big fish are usually airborne within seconds of taking the fly. The scream of the reel and the acrobatics of these fish make it most exciting. Something everyone should experience.

We are also fishing with downriggers to help cover the water columns. The fish can be found on the surface or down to about 150ft. So, it never hurts to mix it up a bit. Run some surface lines and some deep ones. That should increase your odds. Our favorite lures on the downriggers are: plugs, apex's, and flasher/hoochie combos.

As the water cools in the cold of winter, we will slow our speeds as well. Usually January, February and March are the coldest water temperatures. This is when the fish really slow down to conserve energy. Don't be discouraged because they are still catchable. They still have to eat. As a matter of fact, those months are usually when the biggest fish of the year are caught. So, patience and perseverance will pay off.

With the slower speeds come slower lures. This is when our 'Bill Norman' Lures will kick in. They seem to have good action even at these slower speeds. Our bucktail flies still work at this time of year also, you just have to slow down the presentation a bit.

While winter can be cold and snowy. It's definitely a good time to be fishing on Kootenay Lake. It helps get rid of cabin fever and can be the most rewarding time of the year



Trivia

This is seriously cool!

1. Grab a calculator. (You won't be able to do this one in your head)
2. Key in the first three digits of your phone number (NOT your area code)
3. Multiply by 80
4. Add 1
5. Multiply by 250
6. Add the last 4 digits of your phone number
7. Add the last 4 digits of your phone number again
8. Subtract 250
9. Divide number by 2

Do you recognize the answer?

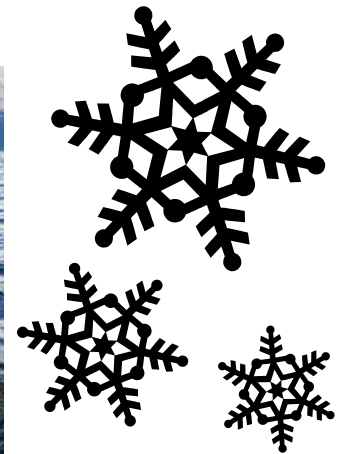
for big fish. So, just because it's ski season, don't forget about our wonderful fishery. It's definitely worth the trip.

What do I Need for Winter Fishing????

First off, you need a heated boat. You have to be comfortable or you're not going to enjoy yourself. Next you need an assortment of lures. Bucktails, plugs, apex's, Bill Norman's, and flasher/hoochie. That should about do it.

If you don't have a heated boat, there are some knowledgeable guides who would be more than willing to take you out. I think that about covers it. Winter is here, so Let's Go Fishing. Tight lines.....

Kerry Reed
Reel Adventures Charters
250-505-4963
www.reeladventuresfishing.com





KOOTENAY LAKEVIEW LODGE

Season's Greetings and Happy New Year from Kootenay Lakeview Lodge

www.kootenaylakeviewlodge.com
250-229-4141



BALFOUR SUPERETTE

From the Blancher Family to your Family, Happy Holidays!

250-229-4612



BALFOUR TOWING

Happy Holidays! Thank you for your business!

250-229-5252 250-551-5252
dianeric@shaw.ca



OLD WORLD BAKERY

Wishing you a sweet holiday season

250-229-4642

HCC GENERAL CONSTRUCTION



Happy Christmas from Ted and Everyone at HCC General Construction
Builders of New Homes from Foundations to Finish
250-551-1555
harropcreekcontracting@shaw.ca

BALFOUR STORAGE

Thanks to all our clients for your business. Best wishes for the Christmas season and New Year

250-551-1105 gebkel@telus.net

BALFOUR AUTOBODY

Thank you for your Patronage

250-229-5788
balfour@telus.net



KOOTENAY LAKE AUTOMOTIVE

Looking Forward to Serving You in 2012

250-229-5799



NELCO MARINE

Thanks for another great year!

250-354-9011 www.nelcomarine.com



GILL & GIFT



Thanks everyone for your business, and Happy Holidays from Randy, Truus and Staff at the Gill and Gift.

250-229-2113 www.gillandgift.com

LIVE TO BOAT

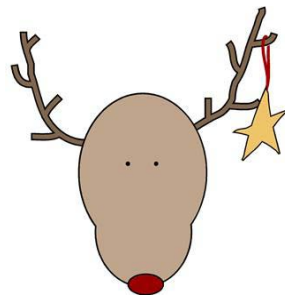


Plan for a Safe New Year. 15% discount on Pleasure Craft Operator Certificate course for seniors and students
250-551-4249

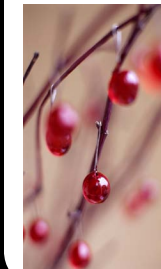
GARYWOOD

Season's Greetings to All

250-229-5435
cjmgrm@shaw.ca



THE OSPREY'S NEIGHBOUR YARD & GARDEN GREENHOUSE



Drop by for a Splash of Spring! Reopening in April 2012

250-229-2349
www.ospreysneighbour.com

BALFOUR EQUIPMENT & RENTAL CO.



Season's Greetings-- See us for all your equipment needs in the New Year.

250-229-5771 email balfourequ@hotmail.com

BALFOUR BEACH INN

Serving you for over 17 years. Thanks to all our friends from Nathan and the Staff at the Balfour Beach Inn

250-229-4235
nathanbbi@yahoo.com



BALFOUR GOLF

See you next Spring! Re-opening April 1, 2012

1-866-669-4653
www.golfbalfour.com

RAMONA FAUST

Happy Holidays, Area 'E' from Director Ramona Faust

ramona_r@telus.net www.rdck.bc.ca
250-229-5222

SPLIT-SHOT KOOTENAY LAKE CHARTERS

Give a fishing charter this Christmas
Must-see website: www.split-shot.com

1-877-368-3437



Columbia River Treaty

What is it?

The 1964 Columbia River Treaty (CRT) is an international agreement between Canada and the United States to coordinate flood control and optimize hydroelectric energy production on both sides of the border.

Why learn about it now?

The year 2024 is the earliest date either Canada or the United States may terminate the CRT, provided 10-year advance notice is given in 2014. It's possible either country may wish to renegotiate parts or all of the CRT, or terminate it entirely. Now is the time to find out how this 1964 international agreement relates to dams and reservoirs in the Columbia Basin and why it matters to your community, the Columbia Basin and all of BC.

For more information visit <http://www.cbt.org/crt/> or call 1-800-505-8998.



Our Vice-President of BDBHA, Josh Smeink addressing CRT questions at Open House in Nelson.

Kootenay Business Magazine

14th Annual Best of Business Awards

Balfour Community winners

- Bakery - Old World Bakery, Platinum
- Bar/Pub - Dock 'n' Duck, Platinum
- Brunch Place - Dock 'n' Duck, Silver
- Business Lunch Place - Dock 'n' Duck, Platinum
- Deli/Bistro - Old World Baker, Gold
- Hamburger Place - Dock 'n' Duck, Silver
- Overall Favorite Restaurant
Dock 'n' Duck, Platinum
McQ's Country Grill, Silver
- Pizza Place Dock 'n' Duck, Bronze
- Hot Springs Getaway - Ainsworth, Platinum
- Kootenay Getaway Resort - Ainsworth, Silver
- Driving Range - Balfour Golf Course, Gold
- Drywall Contractor - DH Holdings, Bronze
- Excavating Contractor - DDC Excavating Ltd, Bronze
- Golf Course - Balfour Golf Course, Platinum
- Golf Shop - Balfour Golf Course, Gold Award
- Kitchen Cabinets - Allstar Woodworking Ltd. Bronze
- Siding/Eavestrough Co. - Grays Contracting, Gold

<http://www.kootenaybiz.com/bestplacestoeat>
<http://www.kootenaybiz.com/bestofbusiness>
This list has been compiled from Kootenay Business Magazine website. Apologies if anyone has been missed.



Balfour Buzz Christmas 2011 page 6

Why Not Shop Local ?

Truus Zelonka and Josh Smeink

Are you wondering what to get your friends or family for Christmas?

Do you want to give something different and memorable that doesn't come from a big box store?

Do you want to support local business and keep our money circulating in the community in which you live?

This year the Balfour an District Business Association would like to suggest keeping our money in the local economy to help our area survive the economic downturn. Below are some of the things the members would like you to consider for your shopping list:

- hire a fishing charter from Split Shot or Reel Adventures.
- purchase a gift certificate for dinner out at BBI or Dock n Duck, Woodbury's JB Restaruant
- purchase a gift certificate to one of the trades or services ie Grays Handyman/Contracting (gutters), DHHoldings (drywaller) , Graham Marine (dock repairs), RW Heating and Plumbing , Harrop Creek Contracting, Weiland Construction,
- a gift certificate from Balfour Equipment Rentals
- gifts and stocking stuffers from Gill and Gift
- New Years Eve night out for mom and dad at Kootenay Lakeview Lodge
- a moonlight cruise on the ferry with coffee and carrot cake from the Osprey Food Bar
- a vacation rental certificate for the Cedars or Mistios Place
- a summer campground booking for Birchgrove or Toad Rock
- a pie or a cake from the Old World Bakery
- groceries certificate or a nice bottle of wine from Balfour Superette
- a Boat Safety Course from "Live to Boat" (see Christmas ad)
- a wooden bowl from Garywood Bowls
- a soap stone sculpture from Richard Artworks
- golf passes for next season at the Balfour Golf Course
- an oil change from Balfour Autobody
- woodworking from Timber Creek Woodworks
- Professional certificates from Derek Deiner Mortgage Broker
- a donation to the local volunteer fire dept. in a family members name`
- swim passes or dinner out to Ainsworth Hot Springs
- a storage unit from Balfour Storage
- gift certificate from Blue Sky clothing or shop on the website
- a sign from Speedpro signs
- a spring gift certificate to a Osprey's Neighbour Greenhouses or Matts Growers
- excavation certificate from DDC or B57
- other members that may suit your need: Cool Ventures, Nelco Marine, Balfour Towing, Harrop Creek Contracting, Kootenay Career Development Centre
- and don't forget all the wonderful peace-filled Christmas services at our local churches that bring the true meaning of Christmas to light once more.



Randy & Truus Zelonka
450 Ferry Landing Road, Box 59, Balfour, BC V0G 1C0
(250) 229-2113

GILL & GIFT

Souvenirs
Fireworks
Phone Cards
Snacks

Gasoline
Tackle
Bait
Licenses
Weigh Station

www.gillandgift.com

Christian Science Church Services

9:30 – 10:30 am Sundays
in the Anglican Church on Busk Rd
All are lovingly welcome
250-505-8021

GRAY'S CONTRACTING

Commercial & Residential Reno's
4" & 5" Continous Gutters
Custom Metal Bending
Soffit • Fascia
Siding • Decks • Painting

canbushman@gmail.com **250-229-4483**

Contact information for BDBHA membership is available on our website: www.balfourcanada.com

GARYWOOD
Wooden Bowls Platters and Vases

7606 Hwy 3A, Box 115
Balfour, B.C. V0G 1C0

Gary & Christine McCandlish
250-229-5434
cjmgrm@shaw.ca

BALFOUR STORAGE

BOAT * RV * Mini Storage

Ph. 250-551-1105
Fax 250-229-2186

7758 Holt Rd - Box 208
Balfour BC V0G 1C0

Year Round Fishing !!

Reel Adventures
Fishing Charters
250-505-4963

www.reeladventuresfishing.com

Balfour Buzz Christmas 2011 page 7

Winter Hours in Balfour

Balfour Beach Inn 250-229-4235	Monday – Thursday Fri., Sat., Sun	3p.m. – 11p.m. Noon – 11p.m.
Balfour Golf Course 250-229-5655	Closed for the season	
Balfour Storage 250-551-1105	7 days a week	8a.m. – 8p.m.
Balfour Superette 250-229-4612	Monday – Saturday Sunday	9a.m. – 6p.m. 9a.m. – 5p.m.
Balfour Towing & Salvage 250-229-5252	7 days a week	24 hours – message
Blue Sky Clothing Co. 250-229-4434	Balfour store closed for the season	
Blue Sky Clothing Co. 250-354-0101	Nelson store Monday – Saturday	9:30a.m. – 5:30p.m.
Dock 'n' Duck 250-229-4244	Monday & Tuesday Wed., & Thurs. Fri., Sat., Sun.	Closed 11:30am - 9:30pm 11:00am - 9:30pm
Closed January 4 - 24, 2011		
Gill & Gift 250-229-2113	7 days a week Closed Dec. 25, 26 and Jan. 1	8a.m. – 6p.m.
Kootenay Lake Automotive 250-229-5799	Monday – Friday	8a.m. – 5p.m.
Kootenay Lake Ferry 250-229-4215	http://balfourcanada.com/ferry.php	
Langs Restaurant 250-229-4263	7days a week	8a.m. – 6p.m.
McQ's 250-229-4141	Closing for the season	
Old World Bakery 250-229-4626	7 days a week	5a.m. – 11p.m.

What's Up?

Businesses interested in participating in a Joint Advertising Campaign for 2012 ~ now is the time for planning!
Call Janice Cooper
BDBHA Coordinator
250-229-4514
janice.balfourcanada@gmail.com

Invest Kootenay/DMO - free lunch!
Tuesday, December 13th at the BBI. This is NOT a meeting to sell you something. It is a 'made in the Kootenays' approach to investment attraction that is garnering attention from across the province with other regions interested in learning more about the model.

Linking Communities, Investors and Opportunities Join us for a soup and sandwich lunch and enjoy an Invest Kootenay presentation by Tom Thompson of the Nelson Chamber of Commerce. Doors open at 11:45 am and we'll have you on your way by 1:00pm. Please RVSP to Janice Cooper
[250-229-4514](mailto:janice.balfourcanada@gmail.com)
janice.balfourcanada@gmail.com
For more info: <http://investkootenay.com>

Community Futures and the Nelson & Area Economic Development Partnership several workshops between now and December. There are too many to list here; topics include Branding, HST, web design, bookkeeping systems, business plans and more. For more info go to <http://www.futures.bc.ca/>

If you have any current business news and you are a BDBHA member, please contact Editorial and we will be happy to include it in our What's Up column.

BDBHA Member Specials!

Fishing Charter packages
2 day fishing and 3 night stays in Nelson. These substantial savings are only available until Christmas
Special rates for weekdays only. Sunday night - Thursday night.
Kerry Reed
Reel Adventures Charters
Nelson B.C
250-505-4963
www.reeladventuresfishing.com

The Balfour Buzz is a quality, quarterly newsletter sponsored by the Balfour & District Business and Historical Association (BDBHA).

July - October - Christmas Edition - January - April

See advertising costs and back issues at: www.balfourcanada.com
If you would like to advertise or submit content for upcoming issues please contact:

Randi Jensen, Editor 250-505-2355 dendrite@shaw.ca

Many thanks to our supporting advertisers - please let them know you saw their ad here!